

# Food Code Numbers and the Food Coding Scheme

An 8-digit number – food code – uniquely identifies each food/beverage in the Food and Nutrient Database for Dietary Studies. Food code numbers are assigned according to a classification scheme that associates the first digit with one of nine major food commodity groups and the second digit with a more specific subgroup as listed below.

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<b>1 Milk and Milk Products</b>	<i>11 Milks, milk drinks, yogurts, infant formulas</i>
	<i>12 Creams and cream substitutes</i>
	<i>13 Milk desserts and sauces</i>
	<i>14 Cheeses</i>

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<b>2 Meat, Poultry, Fish, and Mixtures</b>	<i>20 Meat</i>
	<i>21 Beef</i>
	<i>22 Pork</i>
	<i>23 Lamb, veal, game</i>
	<i>24 Poultry</i>
	<i>25 Organ meats, frankfurters, sausages, lunchmeats</i>
	<i>26 Fish, shellfish</i>
	<i>27 Meat, poultry, fish mixtures</i>
<i>28 Frozen meals, soups, gravies</i>	

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<b>3 Eggs</b>	<i>31 Eggs</i>
	<i>32 Egg mixtures</i>
	<i>33 Egg substitutes</i>

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<b>4 Dry Beans, Peas, Other Legumes, Nuts, and Seeds</b>	<i>41 Legumes</i>
	<i>42 Nuts, nut butters, nut mixtures</i>
	<i>43 Seeds and seed mixtures</i>
	<i>44 Carob products</i>

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<b>5 Grain Products</b>	<i>50 Flour and dry mixes</i>
	<i>51 Yeast breads, rolls</i>
	<i>52 Quick breads</i>
	<i>53 Cakes, cookies, pies, pastries, bars</i>
	<i>54 Crackers, snack products</i>
	<i>55 Pancakes, waffles, French toast, other grain products</i>
	<i>56 Pastas, rice, cooked cereals</i>
	<i>57 Cereals, not cooked</i>
	<i>58 Grain mixtures, frozen meals, soups</i>
<i>59 Meat substitutes</i>	

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<b>6 Fruits</b>	<i>61 Citrus fruits, juices</i>
	<i>62 Dried fruits</i>
	<i>63 Other fruits</i>
	<i>64 Fruit juices and nectars excluding citrus</i>
	<i>67 Fruits and juices baby food</i>

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<b>7 Vegetables</b>	<i>71 White potatoes, starchy vegetables</i>
	<i>72 Dark-green vegetables</i>
	<i>73 Orange vegetables</i>
	<i>74 Tomatoes, tomato mixtures</i>
	<i>75 Other vegetables</i>
	<i>76 Vegetables and mixtures mostly vegetables baby food</i>
	<i>77 Vegetables with meat, poultry, fish</i>
	<i>78 Mixtures mostly vegetables without meat, poultry, fish</i>

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<b>8 Fats, Oils, and Salad Dressings</b>	<i>81 Fats</i>
	<i>82 Oils</i>
	<i>83 Salad dressings</i>
	<i>89 'For use' with a sandwich or vegetable</i>

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<b>9 Sugars, Sweets, and Beverages</b>	<i>91 Sugars, sweets</i>
	<i>92 Nonalcoholic beverages</i>
	<i>93 Alcoholic beverages</i>
	<i>94 Noncarbonated water</i>
	<i>95 Formulated nutrition beverages, energy drinks, sports drink</i>
	<i>99 Used as an ingredient, not for coding</i>

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